



WEEKEND WAVY BRUNCH

2 COURSES - BBD \$135.00 | 3 COURSES - BBD \$165.00

SERVED FROM 9:00 AM TO 3:00 PM

STARTERS

Bajan Rustic Soup – Chicken Broth, Chunky Vegetables and Dumplings

Spiced Bajan Pumpkin Fritters – Hot Pepper and Chive Cream Cheese, Beetroot and Carrot Salad

Chili Fried Calamari - Sliced Pepper and Lemon Aioli

Jumbo Coconut Crusted Shrimp (4) – Sweet Chili & Mango Dip

Crispy Chili Beef – Rice Noodles, Hoisin and Sweet Chili Sauce & Sesame

Crispy Fried Chicken Wings Glazed in Chili & Honey – Sweet Potato Salad, Marinated Cabbage and Rum & Apple Puree

Scottish Smoked Salmon – Horseradish Cream Cheese, Capers, Pickled Onion and Dill, Served with Sourdough Crisps

Tides Caesar Salad – Crunchy Romaine Lettuce, Parmesan, Creamy Caesar Dressing, Focaccia Croutons

MAINS

Sunday Roast – Roasted Sirloin of Beef, Beef Fat Roasted Potatoes, Seasonal Vegetables, Broccoli Hollandaise, Yorkshire Puddings and Pan Gravy **(Available on Sundays Only)**

Tides Weekend Platter - Baked Chicken Leg OR Bajan Spiced Rolled Pork Belly with Macaroni Pie, Rice and Peas, Roast Potatoes, Plantain, Buttered Vegetables, Coleslaw, Creole Gravy

Steak and Eggs (Supplement \$30) – 8oz. Sirloin Grilled to Your Liking with Two Fried Heritage Happy Eggs, Breakfast Potatoes, Roast Tomato, Sautéed Mushrooms And a Choice of Béarnaise or Peppercorn Sauce

Homemade Fluffy Waffles - Choice of Fried Chicken Thighs or BBQ Pulled Pork, Avocado and Sweet Corn Salsa, Rosemary Aioli, Rum and Maple, Served with Sweet Potato Fries

Catch of The Day – Spiced Sweetcorn Chowder, Grilled New Potatoes, Roasted Caribbean Vegetables, Pickled Fennel and Grapefruit Salad

Fish and Seafood Alfredo - Local Fish, Shrimp, Mussels and Clams in Creamy Alfredo Sauce With Garlic Buttered Broccoli and Aged Parmesan

Tides Curry with Chicken or Local Fish or Shrimp – Basmati Rice, Steamed Broccoli, Fresh Coconut & Fried Plantain

Beetroot and Roasted Pumpkin Salad – Mixed Leaves, Quinoa, Dried Cranberries, Clementine's, Toasted Seeds, Dressed in Honey & Wholegrain Mustard Vinaigrette, Served with a choice of Chicken, Catch of The Day or Grilled Halloumi Cheese

Mushroom Risotto - Mixed Mushroom Risotto, Mozzarella Cheese, Tempura Oyster Mushrooms and Fresh Herb Pesto

DESSERTS

Trio of Mini Desserts – Chocolate & Coconut Éclair, Lemon Tart, Vanilla Cheesecake & Mixed Berry Compote

Sticky Toffee Pudding - Butterscotch Sauce, Brandy Snap Tuille, Candied Pecans, Served with Vanilla Ice Cream or Roddas Cornish Clotted Cream

Baileys Bread and Butter Pudding - Caramelized Banana, Rum and Vanilla Sauce, Served with Banana Ice Cream or Roddas Cornish Clotted Cream

Baileys Tiramisu - Baileys Tiramisu Lady Fingers, Coffee Liqueur, Baileys, Chocolate Glaze, Vanilla Chantilly

Warm Banana Bread - Rum Caramel, Whipped Vanilla Mascarpone, Fruit Compote, Candied Pecans

The Tides Ice Cream Sundae - Vanilla Ice Cream, Toasted Waffle Cone, Caramel Sauce, Chocolate Fudge, Caramel Popcorn

