

t h e

Tides

r e s t a u r a n t

COCKTAIL LIST

To all our very special guests we greatly appreciate having this opportunity to reveal to you the full Tides Dining Experience that we are so very proud to offer.

To commence, we would like to encourage you to [relax](#) and [unwind](#) with the help of one of our featured cocktails.

Chris and his team at the Bar have been working on these cocktails to ensure that with every sip you have a memorable moment!

Cheers!

PICK A SOUR

28-32

Strawberry Sour

Dark Rum, Lime, Strawberry

Passionfruit Sour

Dark Rum, Lime, Passion

Extreme Apple Sour

*Sour Apple, Apple Vodka, Lime,
Caramelized Apple With Cinnamon*

Classic Rum Sour/ Whiskey Sour

*Dark Rum/ Whiskey, Sugar, Lots of Lime,
Angostura Bitters shaken with ice*

THE TIDES BLENDS

35-40

Flower Power

*Apple Vodka, Peach Liqueur, Lime and
Butterfly Pea Tea*

Tom's Sister

*Pink Gin, Fresh Lime, Splash of Strawberry,
Topped with Soda, Fresh Strawberries*

Aquatic Rapture

*Coconut Rum, Lime, Triple Sec,
Blue Curacao*

Tres Chic

*Vodka, Fresh Cucumber, Fresh Basil, Lime,
Dash of Syrup*

Strawberry & Basil Martini

Vodka, Fresh Strawberries, Fresh Basil

Passiontini

*Vodka, Passion Fruit Puree, Splash of Lime
To make this a Pornstar Martini, Add Prosecco & Passao

Very Berry Fizz

*Prosecco, Strawberry Puree, Fresh
Strawberries*

Lychee Bellini

Prosecco, Lychees, Lychee Caviar

Roasted Peppered Pineapple Margarita

*Tequila, Triple Sec, Fresh Roasted Pineapple,
Tabasco Sauce*

Coconut Mojito

*White Rum, Lime, Syrup, Coconut Cream,
Fresh Mint leaves, Soda Water*

Mango Mojito

*Dark Rum, Mango, Lime Syrup, Fresh Mint
leaves, Soda Water*

Toasted Caramel Sugar Cake

*Vodka, Crisma Rum Cream, Coconut
Cream, Caramel.*

COLD & FROTHY

Banks (<i>Barbados</i>)	12.00
Carib (<i>Trinidad</i>)	11.00
Heineken (<i>Holland</i>)	14.00
Heineken Zero (<i>Holland</i>)	14.00
Stella Artois (<i>Belgium</i>)	14.00
Corona (<i>Mexico</i>)	20.00
Guinness (<i>Irish</i>)	19.00
Shandy - Beer & Sprite	11.00

MOCKTAILS

14-18

A Little Passion

Passion Fruit Puree, Orange Juice, Sprite

Fresh Ginger Squash

Fresh Ginger served with Fresh Lime Squash

Cranberry Iced Tea

Fresh Iced Tea and Cranberry juice

Bajan Fruit Punch

Blended Tropical Fruit Juices, Fresh Bananas, Simple Syrup, Grenadine Syrup

Lemonade

Fresh Lime juice, Simple Syrup, Water

Lime Squash

Fresh Lime juice, Simple Syrup, Soda Water

Bentley

Fizzy Lemonade, Fresh Lime Juice, Angostura Bitters

Fresh Orange Juice

KIDS' MOCKTAILS

Mars Hershey Explosion	24.00
<i>Chocolate Syrup, Milk, Whipped Cream, bits of Hershey Chocolate</i>	
Cookies and Cream Milk Shake	24.00

APRES DINNER DIGESTIFS

Mocha Espresso Martini	35.00
<i>Vodka, Espresso, Kahlua, Baileys</i>	
Limoncello Frappe	30.00
<i>Homemade Limoncello with Crushed Ice</i>	

THE TIDES CLASSICS

Tides Cooler	30.00
<i>Mount Gay House Rum, Cherry Brandy, Triple Sec, Orange, Pineapple</i>	
High Tide	30.00
<i>Mount Gay House Rum, Blue Curacao, Orange & Pineapple Juice</i>	
Low Tide	35.00
<i>Vodka, Lime Juice, Blue Curacao, Triple Sec, Pineapple Juice</i>	
Peppery Passion	25.00
<i>Vodka, Passion Fruit, Tobasco Sauce, Fresh Cucumber</i>	

FIZZY

Piper Heidsieck Rose Sauvage NV	50.00
Piper Heidsieck Cuvee Brut	45.00
Rose Prosecco, Lido - Italy	35.00
Prosecco Extra Dry, Radise, NV, Italy	30.00

WINES

WHITE WINE BY THE GLASS

Chablis, Burgundy	50.00
Riesling, France	29.00
Châteauneuf-Du-Pape, France	62.00
Pinot Grigio, Italy	36.00
Soave Classico, Italy	42.00
Aperol Spritz	35.00
<i>Prosecco, Aperol, Fresh Orange</i>	

RED WINE BY THE GLASS

Aglianico, Italy	28.00
Malbec, Argentina	32.00
Pinot Noir, New Zealand	35.00
Cabernet Sauvignon, USA	42.00
Chianti Classico Riserva, Tuscany	50.00
Malbec Norton 2020, Argentina	32.00

ROSE WINE BY THE GLASS

M de Minuty - Cotes de Provence, France	38.00
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RUM

NEW! Enjoy a flight of 3 Aged Doorly's Rum:	49.00
<i>Doorly's 14 Yr Old, Aged in Bourbon Cask</i>	
<i>Doorly's 12 Yr Old, Aged in Bourbon Cask</i>	
<i>Doorly's XO Aged in Sherry Cask Rum</i>	
Mount Gay Eclipse	15.00
Mount Gay Silver	10.00
Mount Gay 1703	65.00
Mount Gay Extra Old	18.00
Mount Gay Black Barrel	18.00
Cockspur Old Gold	16.00
Cockspur VSOR	20.00
Malibu	17.00
Bacardi White	20.00
Bacardi Gold	20.00
El Dorado (21 Years Old)	45.00
El Dorado (12 Years Old)	30.00
Angostura Aged Rum 1919	18.00
Angostura Rum 1824	30.00
Four Square Spiced	15.00
Plantation XO	25.00
Plantation Grande Reserve	18.00

GIN

Gordons	27.50
Gordons Pink	22.00
Tanqueray	31.00
Tanqueray 10	30.00
Bombay Sapphire	32.00
Hendricks	38.00
Beefeater	28.00
Beefeater Pink	22.00
Greenall	28.00
Bloom London	34.00
Ophir	36.00
Whitley Neill	28.00
(Rhubarb & Ginger / Blood Orange / Raspberry / Small Batch/ Quince)	
Plymouth Gin	24.00
Botanist	26.00

VODKA

Absolut	22.00
Absolut (Mandarin)	28.00
Absolut (Citron)	28.00
Absolut (Kurant)	28.00
Absolut Elyx	28.00
Smirnoff	26.00
Smirnoff Apple	26.00
Ciroc	30.00
Ciroc Apple	30.00
Stolichnaya	26.00
Stolichnaya Elite	38.00
Ketel One	30.00
Grey Goose	36.00
Belvedere	30.00
Titos	28.00

WHISKEY

SCOTCH WHISKY

Black Grouse	28.00
Dewars (White Label)	28.00
Dewars 12 yr Old	46.00
Johnny Walker (Gold)	42.00
Johnny Walker (18yr Old)	54.00
Johnny Walker (Black Label)	32.00
Johnny Walker (Double Black Label)	33.00
Johnny Walker (Blue Label)	100.00
J & B Blend	28.00
Chivas Regal	28.00
Compass Box Artist Blend	30.00

IRISH WHISKY

Jameson's Irish	25.00
Tullamore Dew	25.00
Teeling Single Malt Irish Whiskey	38.00

SINGLE MALT WHISKEY

Macallan (12yr Old)	30.00
Glenlivet (12yr Old)	30.00
Glenlivet (18yr Old)	45.00
Glenfiddich (12yr Old)	35.00
Benromach 10 Year Old Single Malt	45.00

BOURBON

Jim Bean	25.00
Woodford Reserve (Kentucky)	30.00
Maker's Mark	30.00

RYE

Canadian Club	26.00
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AMERICAN WHISKEY

Jack Daniels (Black Label)	32.00
Jack Daniels (Single Barrel)	35.00

BRANDY, COGNAC, CALVADOS

Remy Martin VSOP	38.00
Remy Martin XO	60.00
Remy Martin 1738	38.00
Courvoisier VSOP	34.00
Hennessey VS	28.00
Hennessey XO	98.00
Hennessey VSOP	50.00
Hennessey Pure White	35.00
Armagnac	56.00
Calvados	32.00

APERITIFS

Kola Tonic	18.00
Aperol	25.00
Dubonnet	20.00
Sambuca	25.00
Sambuca Black	28.00
Drambuie	20.00
Baileys	25.00
Tia Maria	20.00
Kahlua	25.00
Amaretto (Disaronno)	25.00
Amaretto (Gozio)	22.00
Frangelico	25.00
Grand Marnier	30.00
Cointreau	25.00
Grappa Castello Banfi	35.00
Pernod	25.00

Ricard Pastis	20.00
St Germain El L'Fleur	30.00
Benedictine	22.00
Southern Comfort	28.00
Pimms	30.00

SHERRY & PORT

Croft Original Sherry	20.00
Dow's 10 Year Old	35.00
Grahams 20 Year Old	50.00
Grahams 10 Year Old	35.00

TEQUILA

Casamigos Reposado	35.00
Teremena Blanco	35.00
Don Julio 1942	72.00
Don Julio Anejo	40.00

LIQUERS

Creme de Cassis	18.00
Apricot Brandy	18.00
Creme de Cacao (White/Brown)	18.00
Creme de Menthe (White/Green)	18.00
Melon Liqueur	18.00
Butter Scotch	18.00
Galliano	18.00

CIGARS

PLEASE ASK YOUR SERVER FOR OUR
CIGAR MENU.

CIGAR CUTTERS & LIGHTERS ARE
PROVIDED FOR YOUR CONVENIENCE.

CIGARETTES

CIGARETTES ARE AVAILABLE FOR SALE.

PLEASE ASK YOUR SERVER FOR OUR
SELECTION OF CIGARETTES.



ALL PRICES ARE QUOTED IN
BARBADOS DOLLARS AND SUBJECT TO
12.5% SERVICE CHARGE